

## St. Luke's Wednesday Night Dinners

<u>August</u>	<u>November</u>
<p><b>23</b>—FREE  Pasta with sauce  Sautéed Veggies  Garden Salad with dressing  Garlic Bread  Ice Cream</p> <p><b>30</b>  Lemon pepper Fish  Brown rice  Cauliflower  Dessert</p>	<p><b>1</b>  Turkey  Mashed Potatoes  Cauliflower  Dessert</p> <p><b>8</b>  Chicken Leg Quarters  Corn on the Cob  Mixed Veggies</p> <p><b>15</b>  Fish and Chips  Coleslaw  Dessert</p> <p><b>29</b>  Meatloaf  Mac 'n Cheese  Fresh Veggies  Dessert</p>
<u>September</u>	<u>December</u>
<p><b>6</b>  Tacos  Mixed Bean Salad  Cauliflower, Broccoli, and Carrots  Dessert</p> <p><b>13</b>  Stir Fried Rice with Chicken  Soup  Dessert</p> <p><b>20</b>  Paella with yellow rice  Dessert</p> <p><b>27</b>  Mexican Baked Fish  Mixed Veggies  Red Bean and Rice  Dessert</p>	<p><b>6</b>  Chicken Parmesan  Broccoli, Cauliflower, and Veggies  Rice  Dessert</p> <p><b>13</b>  Prime Rib  Garlic Mashed Potatoes  Brussel Sprouts  Dessert</p>
<u>October</u>	
<p><b>4</b>  Anniversary Chicken  Kale  Mac 'n Cheese  Corn on the Cob  Dessert</p> <p><b>11</b>  Bratwurst with Sauerkraut  Brussel sprouts  Dessert</p> <p><b>18</b>  Lasagna  Mixed Veggies  Soup  Dessert</p> <p><b>25</b>  Lemon Chicken  Red Potatoes  Sauteed Veggies  Dessert</p>	