

# COVID-19 Resources

(Updated 3/26/2020)

[Orange County Government Resident Resources](#) – Overall information (with links to specific assistance needs.)

## Health and health care

**211 Referral Crisis Line** – 24/7 connection to community resources-text zip code to 898211 or [online chat](#)

[Orange County Florida Health](#) – Florida Department of Health in Orange County

[Orange County](#) – drive through COVID-19 testing

[Center for Disease Control \(CDC\)](#) Global updates on COVID-19

[American Heart Association](#)

[Yale University](#) - COVID-19 FAQ

**Pine Hills Neighborhood Center for Families** -Free Hygiene kits (while supplies last). Counseling, available by appt., (8:00 a.m. to 5:00 p.m., weekdays, 2804 Belco Dr., Orlando, FL 32808, 407-294-3519)

[Physical Activities Guidelines for Americans](#) - Free resource with activities and guidelines for all ages.

## Food

[OCPS Free Grab-and-Go](#)- OCPS info on Free Breakfast and Lunch (children 18yo and younger)

[Fresh from Florida](#) (more counties) – Free Breakfast and Lunch - this site lists Florida counties

**Food Giveaway** – Saturday, March 28 at 11:00 a.m. at 3955 WD Judge Drive., Orlando, FL 32808 (Commissioner Regina Hill organizing food giveaway, as long as supplies last.)

**J.U.M.P. Ministries Global Church and Project Life, Inc.**-Hot meals (Grab and Go) Monday to Friday, 8:00 a.m. to 11:00 a.m. and lunch 12:30 p.m. to 3:00 p.m. for children, 18yo and younger. (Started March 23, 2550 West Colonial Dr., Ste. 300, Orlando, FL 32804)

[Second Harvest Food Bank Food Locator](#)

[United Against Poverty](#) – low cost grocery program

**Aldi Home Delivery**-Through [Instacart](#) (Online grocery order, delivery to your home)

**Walmart Home Delivery** – [Ocoee Walmart](#) (10500 W. Colonial Dr., Ocoee, FL 34761, 407-902-3983) - [Walmart Orlando locations](#)

[USDA Food Group Recommendations](#) – FREE US Department of Agriculture website for choosing the right foods based on age, weight, height, sex and activity level.

[Healthy Eating](#) - FREE online learning games on healthy eating and nutrition. Good for children and teens.

## Utilities

[Duke Energy](#) -Temporarily suspending disconnections for non-payment, effective March 13, 2020  
\*\*monthly bill STILL due.

[OUC](#)-Temporarily suspending disconnections for non-payment \*\*Monthly bill STILL due.

## Internet connections

[COMCAST](#)

[Spectrum](#)

[AT&T](#) - qualifying limited income households at \$10 month through Access from [AT&T IP Flexible Reach](#).

## Job related

[Florida unemployment/re-employment assistance](#)

[Florida Unemployment Application Information](#)

[Floridajobs.com](#)

## Housing

[COVID-19 Rental Assistance, Orange County Application](#)

[Orange County Government, Florida COVID-19 Rental Assistance](#)

[Heart of Florida United Way](#) – Rental Assistance

## Transportation

**Auto Insurance** – Many states are instituting a 60-day grace period for car insurance payments. Keep watching for news from Florida. Check with your insurance company.

## Credit Cards

**Credit Card payments** -Many companies are open to work with families who have experienced job loss due to COVID-19. Please check with your credit card company, if you are affected by job loss.

*St. Luke's Missions Ministry is providing this information as it is shared with us. Thank you for your patience and understanding as we are trying to navigate the information from these resources through this current COVID-19 situation.*

*Please exercise caution in using this information and giving out your personal information as you would normally. We would appreciate you letting us know if you find updated information or if you have additional information about available resources.*

*Please send updates or other sources of information to Amy Winslow at [awinslow@st.lukes.org](mailto:awinslow@st.lukes.org). We will update this list as information comes in. Please check back, as needed.*

*Thank you and be safe!*