

COMMUNITY RESOURCES

United Way and Resource Help Line ** <u>This is a GREAT place to start</u> **	211 or (407) 839-4357	24-hour referral line. Provide zip code and they give you list of agencies nearest you.
Access Florida <u>Some locations listed on the last page of this list.</u>	Myflfamilies.com Check web page for a list of ALL locations	Apply on-line for Food Stamps, temporary cash Assistance, Medicare, Medicaid, Kid Care Health Insurance, child support services
Suicide Prevention Hotline	800-923-4357	We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
National Suicide Prevention Lifeline 24-Hour Crisis Line the centers	1-800-273-TALK (8255) Orlando: (407) 425-2624 LifeLine of Central Florida	Contact to talk to in a crisis situation, or just an additional support to talk things through with a qualified individual,
Aspire Health Partners COVID-19 24-Hour Crisis Support Line	(407) 875-3700	As part of our community response to the COVID-19 virus, Aspire is providing 24-hour telephonic crisis support and COVID-19 related services.
Christian Service Center 808 W. Central, Orlando 32805 300 W. Franklin St., Ocoee 34761 1600 S. Orlando Ave Winter Park, 32792	407-425-2523 407-656-6678 407-628-1692 Christianservicecenter.org	Rent, mortgage, utilities, bus passes, food, clothing, bring - Picture ID, Social Security Card, Proof of Residence, Employment info, current bills Call for appointment Free lunch Sun - Fri noon - 1 pm in Orlando. Mon-Fri noon -1pm in Ocoee
Salvation Army 400 W Colonial Dr, Orlando 32804 700 W. 24th St, Sanford, 32772 3831 West Vine Street, Suite 56 Kissimmee, FL 34744	407-423-8581 407-322-2642 Salvationarmyorlando.org	Food - Clothing - Medical Prescriptions Mortgage / Rent / Utility Bills Apply by phone Mondays at 8:30 am. They take the first 20 calls each week. Orlando location only also has the following: Emergency Shelter - Men Emergency Shelter - Women and children. Substance Abuse Rehab - Men
Catholic Charities 1771 N Semoran Blvd Orlando, FL 32807	407-658-1818	Food Pantry, Immigration Services, Refugee Employment, Senior Services. Financial help - rent or utilities for unforeseen emergency.
Christian SharingCenter 600 N Hwy 17-92, Suite 158 Longwood, FL 32750	407-260-9155 Thesharingcenter.org	Assists low-income families in Seminole County with basic needs during times of financial emergencies caused by job loss or health problems. Food, thrift store, medical referrals, financial help for rent, mortgage, and utilities.

Jewish Family Services 2100 Lee Road Winter Park, FL 32789	407-644-7593 www.jfsorlando.org	Food - Emergency Financial Assistance with Utilities and Rent. Individual and Marriage Counseling
Dream Center 225 Kennel Road Sanford, FL 32771	407-302-0880 Cfdreamcenter.org	Counseling, Parenting classes, Child Abuse Prevention and Intervention, Job Readiness Classes, After School Tutoring, Temporary Financial Assistance
Metro Orlando Urban League 2804 Belco Drive Orlando, FL 32808	407-841-7654 Metrorlandoul.org	Rent, utilities, Budget and Credit Counseling, Job search assistance, Computer training, teen Programs
Christian HELP Foundation 450 Seminola Blvd, Casselberry	407-834-4022 www.christianhelp.org	Food, Job search, Job Counseling, Job Fairs, Christmas Toys
Heaven of Hope Ministries 1310 W Colonial Dr Orlando, FL 32804	407-298-2056 www.cflhavenofhope.com	For people with HIV/AIDS Food - Clothing - counseling - Bible Study/Support Group
Orlando Union Rescue Mission 711 W Central Blvd, Orlando 410 W Central Blvd, Orlando	407-841-7578 407-422-4855 407-423-3596	Anyone may purchase clothing. Bring picture ID and Social Security card to get voucher for Clothing and Furniture
Goodwill Thrift Store 14190 W. Colonial, Winter Garden 7531 S. Orange Blossom Trail	407-857-0659 main 407-654-6292 407-859-4750	Anyone may purchase clothing, household goods, and furniture
Loaves and Fishes 206 East 8 th Street Apopka, FL 32723	407-886-6005 Loavesandfishesapopka.com	Food and Clothing 327xx zip code only, Bring proof of residence and income
Dress for Success 901 W Webster Ave Winter Park, FL32789	407-628-0506 Dressforsuccess.org	Clothing for the workplace, low income requirement, need referral from other agency or church
St Andrews Catholic Church 801 Hastings Street Orlando, FL 32808	407-293-0730	Food Pantry
Second Harvest Food Bank Call for food distribution centers	Distribution sites 407-295-1066 SNAP Hotline at 407-295-2777	Food assistance - community resources SNAP Assistance
Food with Care 6995 Venture Circle Orlando, FL 32807	407-657-3880 Foodwithcare.com	Prepared meals delivered to your home. Cost may be covered by Medicaid waiver, long term diversions, or Medicaid AIDS program
Mustard Seed 12 Mustard Seed Land Orlando, FL 32810	407-875-2040 Fax: 407-875-3413 Mustardseedfla.org	Furniture & clothing for once in lifetime crisis. Need referral letter from agency, social worker, clergy. Closed Fri, Sat, Sun.
LIHEAP (Low Income Home Energy Assistance Program)	407-836-7429	Financial help with utility bills. Must be Orange County resident. Income at or below 150% Federal Poverty level.

Crisis Assistance Program	407-836-6500 Orangecountyfl.net	Financial help with rent, mortgage, utilities, food, bus transportation. Must be resident Orange County. Must be unforeseen event why can't pay. Emergency need must be met with one-time assistance.
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*****Financial and Legal Services*****

Orange County Commission Fund	Sandra Gaines 407-836-7429	Emergency financial assistance funded by annual Federal Grant
Florida Consumer Credit 8751 Commodity Circle, Suite 4 Orlando 32819	407-930-5609 1-800-741-7040 Floridaconsumercredit.org	Credit Counseling, Debt Management, help for homeowners facing foreclosure, Bankruptcy information, Budgeting help
American Consumer Credit Counseling	1-800-769-3571 Consumercredit.com	Debt management and consolidation, Credit counseling, Budgeting help
My Money Management	877-976-8417 Mymoneymanagement.org	Provides people with financial information and educational tools to manage their personal finances
Wayne Densch Charities 1603 Marks St Orlando, FL 32803	407-896-6911	Has to be a need beyond control. Will get answer in 30 days
Safelink Wireless	1-800-723-3546 www.safelinkwireless.com	Government program that provides free cell phone & airtime to income eligible people
Community Legal Services of Mid Florida - Orlando/Orange County 122 E Colonial Drive #200 Orlando, FL 32081	407-841-7777 1-800-405-1417 Clsmf.org	Provides legal assistance to low-income people.
Florida Law Help	Floridalawhelp.org	Directory for free and low-cost Legal Aid Organizations throughout Florida
Legal Aid Society of the Orange County Bar Association 100 East Robinson St Orlando, FL 32801	407-841-8310 Legalaidocba.org	Quality legal services to low-income residents
Office of Attorney General of FL	1-866-966-7226 Myfloridalegal.com	
Florida Child Support Enforcement	1-800-622-KIDS (5437) Childsupport.floridarevenue.com	Enforce or modify support orders, apply for services, locate parent, establish paternity
Making Home Affordable Program	1-888-995-HOPE (4673) Makinghomeaffordable.gov	Government programs to help mortgages more affordable or prevent foreclosure
Homeownership Preservation Foundation	1-888-995-HOPE (4673) www.995HOPE.org	Non-profit group that helps homeowners facing foreclosure

Hope Now	1-888-995-HOPE (4673) www.hopenow.com	Support and guidance for homeowners
US Dept Housing & Urban Develop	888-950-4673 www.hud.gov/foreclosure	Guides homeowners on avoiding foreclosure and advice if foreclosure is not avoidable
Orlando Housing Authority 390 N Bumby Ave Orlando, FL 32803	407-895-3300 www.orl-oha.org	Public & Subsidized housing, Section 8, Income requirements, long waiting list
American Red Cross - Orange Co	407-423-8581	Natural Disaster Relief
American Red Cross - Seminole	407-322-2642	Natural Disaster Relief
Family Network on Disabilities	1-800-825-5736 www.fndusa.org	Information and resources for disabled children and adults
Goodwill Industries 515 W Central, Orlando 32801 101 W Cypress St #K, Kissimmee	www.goodwillcfl.org/ 407-872-0770 407-847-0996	Provides education, training, and career services for people with disadvantages (such as welfare dependency, homelessness, or lack of education) and/or physical, mental, or emotional disabilities.
Goodwill's BEST Program	407-235-1500 www.goodwillcfl.org/	Free computer and office skills training available to all people in our community
Central Florida Urban League 595 W. Church St. Orlando, FL 32808	407-841-7654	Resume assistance, job placement, training, career counseling, life management skills, Job search
Christian HELP Foundation 450 Seminola Blvd Casselberry, FL 32707	407-834-4022 www.christianhelp.org	Job Fairs, Job search assistance, Career Counseling (see page 1 for more locations)
Workforce Central Florida 5166 E Colonial Dr, Orlando 32803 1392 E Vine St, Kissimmee 34744	407-531-1277 407-705-1555 Workforcecentralflorida.com	Training, job fairs, online job search
AARP Senior Community Service Employment Program 1707 Orlando Central Parkway #400 Orlando, FL 32809	407-852-1608 Aarpworksearch.org	Helps qualified job seekers improve their skills, obtain training, and find jobs. Must be 55 or older and meet established income guidelines
Orange County Public Schools	407-317-3212 Ocps.net.sc/workforce/	Career Training, high school credit, GED Scholarships and financial aid available
Catholic Charities	407-658-1818	Refugee employment placement
Florida Jobs	www.floridajobs.com	Post Resume and search for jobs
Unemployment Compensation floridajobs.org/unemployment	1-800-204-2418	File claim for unemployment compensation online for Florida.

*****Emergency Shelter for Families, Women and Children*****

Coalition for the Homeless 18 North Terry Ave Orlando, FL 32801	407-426-1250 ext 0 Centralfloridahomeless.org	Shelter for single women, women with children, and families. Also have transitional housing
Harbor House	407-886-2856	Shelter for women and kids survivors of domestic violence
Rescue Outreach Mission 1625 West 13 Street th Sanford, FL 32771	407-321-8224 Rescueoutreachmission.org	Women, children, families
Orlando Union Rescue Mission 1525 W Washington St Orlando, FL 32805	407-423-2131 www.ourm.org	Single women, women with children, families, All people seeking shelter must seek employment
Salvation Army 400 W Colonial Dr, Orlando 32804	407-423-8581 Salvationarmyorlando.com	Women and children
Safehouse of Seminole County	407-330-3933 1-800-500-1119	Safe confidential shelter for survivors of domestic violence.
Baptist Children's Home 3125 Bruton Blvd, Orlando 32805	407-514-4394	Foster care for neglected or abused children
Interfaith Hospitality Network 2313-1/2 N. Orange Ave Orlando, FL 32804	407-893-4580	Helps homeless families
Coalition for the Homeless 18 North Terry Ave Orlando 32801	407-426-1250 Centralfloridahomeless.org	Drop in shelter. Provides a meal, showers, and a place to sleep
Orlando Union Rescue Mission 3300 W. Colonial Orlando 32801	407-423-3596 www.ourm.org	First 7 nights are free. Provides meal, shower, clean clothes, safe shelter, Bible study. Picture ID required. Arrive between 1:30 and 2 pm
Salvation Army 400 W Colonial Dr, Orlando 32804	407-423-8581 Salvationarmy.org	First 3 nights free. After that \$ per night Open at 4:30 pm. First come first served.
Central Care Mission 4027 Lennox Blvd Orlando, FL 32811	407-299-6146 Centralcaremission.org	Long term residential program for men. Basic living needs, employment & job development, spiritual growth, life management skills

*****Senior Services*****

Community Care for the Elderly 3113 Lawton Rd. # 250 Orlando, FL 32803	407-628-2884 www.ccecares.org	Provides Home Aid Services to try to keep the elderly out of nursing homes. Delivers meals, companionship, care management services
Adult Day Center Grace Covenant Presbyterian Chur 1655 Peel Ave Orlando, FL 32806	407-894-4669 www.ccecares.org	Adult Day Care - Respite Care

Seniors First, Inc 5395 LB McLeod Road Orlando, FL 32811	407-292-0177 www.seniorsfirstinc.org	Meals on Wheels, Neighborhood Lunch Medical Equipment, Home Improvements, Financial Counseling and assistance
Senior Services Seminole County 2801 S. Financial Ct Sanford, FL 32773	407-333-8877 www.mealsetc.org	Meals on Wheels, Neighborhood lunches, transportation, chores and home repairs, Weatherization assistance program.
Elder Help Line -	211 or 407-839-4357	Utility bills, referrals to other agencies
Senior Resource Alliance	407-514-1800	Referral service to other agencies
Share the Care Several locations in Orange county	407-423-5311 Helpforcaregivers.org	Respite care, Adult Day Care, Transportation, In-Home Counseling. Sliding Scale Fees

*****Healthcare Services*****

Primary Care Access Network (PCAN) Call for locations	407-836-7226 pcanorangecounty.com	Network of agencies, Orange County government, hospitals, and others. PCAN provides access to care to the uninsured/underinsured in Orange County
PCAN Marketplace Navigator Project	1-877-564-5031 https://www.coveringcfl.net/	Free help enrolling in health insurance through the Health Insurance Marketplace. All services are offered completely free of charge.

Shepherd's Hope Longwood Orlando Ocoee Winter Garden	(407) 876-6699 Shepherdshope.org	Provides free NON-EMERGENCY acute medical care. Patients must be uninsured, NOT have Medicare or Medicaid, and have a family income at or below 200% of Federal Poverty Level.
Downtown Shepherd's Hope Orange County Medical Clinic 101 S Westmoreland Drive Orlando, FL 32805	Mon, Tues, & Wed 6PM - 9PM	Shepherd's Hope does NOT provide obstetrical care or well-baby care such as immunizations. Also, do NOT handle Worker's Compensation cases. Patients are encouraged to arrive early, but no earlier than one hour before the center opens, since the facilities are NOT available until the volunteer staff arrive.
Partnership for Prescription Assistance	1-888-477-2669 www.pparxfl.org	A Program that connects qualified, low-income people with discount prescription drugs direct from the manufacturer
Needy Meds	www.needymeds.org	Free or discounted Prescription drugs
Florida HIV / AIDS Hotline	1-800-FLA-AIDS 1-800-352-2437	Information - Referrals - Supportive Telephone Counseling
FDOH - Ryan White Program FL Dept. of Health	407-723-1270 407-723-5066	Offers medical and support services to individuals living with HIV in Orange, Osceola, Seminole and Lake County

American Lung Assoc Help Line	1-800-LUNG-USA 1-800-586-4872 www.lungusa.org	Information, referrals, supportive telephone counseling for asthma and other lung diseases. Stop Smoking Program.
Hope and Help Center of Cent FL 1935 Woodcrest Drive Winter Park, FL 32792	407-645-2577 Hopeandhelp.org	For HIV/AIDS infected people. Medical Case Management, Testing, Counseling, Legal Service, Food Pantry
Orange County Health Dept. Call for locations	407-858-1400 www.orchd.com	Government agency. Serves specific groups such as pregnant women and HIV/AIDS patients. Provides immunizations for children
Community Health Centers, Inc Call for locations	407-905-8827 www.chcfl.com	Federally Qualified Health Center in Orange and Lake counties. Provides primary care, vision, mental health, dental services at some locations.
True Health Call for locations	407-322-8645 www.mytruehealth.org	Federally Qualified Health Center in Orange and Seminole counties. Provides primary care, vision, mental health, dental services at some locations.
Orange Blossom Family Health Health Care Center for Homeless 234 N. Orange Blossom Trail Orlando, FL 32805	407-428-5751 www.chhc.org	Federally Qualified Health Center in Orlando and mobile traveling unit in Orange, Osceola, & Seminole counties. Provides primary care, vision, mental health, dental services at some locations.
Orange County Health Dept 832 West Central, Orlando 32805	407-836-2616 orchd.com/Dental/dental.asp	For Medicaid patients & some uninsured adults. Call 407-836-2660 to see if you qualify
Orange County Medical Clinic Orlando Health Residency Program 101 S. Westmoreland Dr Orlando FL 32805	407-836-7100	Primary and Specialty Care Services for Orange County Residents under program guidelines
Grace Medical Home 1417 E. Concord Street Orlando FL 32803	407-936-2785 Ext 2064	Medical Home for uninsured in need of primary care services.
AdventHealth Cancer Institute 2501 North Orange Ave Orlando, FL 32804	407-490-2078 https://www.adventhealthcancerinstitute.com/	A team of more than 200 world-class oncology specialists with heart, relentless spirit, and a proven record of helping patients beat or manage cancer through groundbreaking research, innovative treatments, and whole-person care.
UF Health Cancer Center - Orlando Health 1400 S. Orange Ave. 2nd Floor Orlando, FL 32806	321-843-2100 https://www.orlandohealth.com	Cancer patients living in north Seminole County and the Lake Mary community now have more options available to them for receiving cancer care.
Moffitt Cancer Center 12902 USF Magnolia Drive Tampa, FL 33612 (813) 745-4673	1-888-663-3488 https://moffitt.org/	Patient and family-centered approach to cancer treatment developing individualized treatment plans and providing rapid access to expert cancer care for patients

*****Behavioral and Mental Health Services*****

Aspire Health Partners	407-875-3700 aspirehealthpartners.com	Counseling, Substance Abuse, Crisis Stabilization, Sliding Fee Scale
Lutheran Counseling Services 1605 Orchid Ave Winter Park, FL 32789	407-644-4692 Lutherancounselingservices.org	Individual and Group Counseling Sliding Fee Scale
Christian Counseling Assoc., Inc 631 Palm Springs Dr Altamonte Springs, FL 32701	407-339-0604	Individual and Group Counseling on a Sliding Fee Basis, Counseling for Deaf or Blind
UCF Community Counseling 4000 Central Florida Blvd Orlando, FL 32816	407-823-2811 Psychclinic.cos.ucf.edu	Free individual, couples, family, child & teen counseling for low-income households
Hospice of the Comforter 480 W. Central Pkwy Altamonte Springs 32714	407-628-0808 Hospiceofthecomforter.org	Grief and loss counseling for children and adults
Mental Health Association 1525 E Robinson Street Orlando, FL 32801	407-898-0110 Mhacf.org	Support Groups Advocacy Programs for Mental health
Seminole Community Mental	407-831-2411	Must live in Seminole County
Start Your Recovery	StartYourRecovery.org	Substance abuse

*****Pregnancy and Childcare services*****

Orange County Health Dept.	407-836-2600 Orange.floridahealth.gov	Vaccinations
4 C - Community Coordinated Care for Children	407-522-2252 www.4cflorida.org	Financial Assistance for Child Care Expenses. Also helps locate Day Care in your area
Center for Pregnancy 3125 Bruton Blvd Orlando, FL 32811	407-514-4517 Pregnancyanswers.org	Free pregnancy tests, free ultrasound, clothing, food, baby items, counseling, referrals for adoption
Children's Home Society	321-397-3000 Chsfl.org	Safe Haven for Children & Infants Several locations
Frontline Outreach 3000 C R Smith St Orlando, FL 32805	407-293-3000 Frontlineoutreach.org	Pre-school, Head Start, After School Programs and Recreation, Teen Parenting Classes, G.E.D, Anger Resolution Classes
Winter Park Day Nursery 741 S Pennsylvania Ave Winter Park, FL 32789	407-647-0505 Winterparkdaynursery.org	Accepts 4 C and also has a sliding scale
House of Hope 2036 36 th Street Orlando, FL 32839	407-843-8686 Houseofhopeorlando.com	A residential program for hurting teens aged 13 - 17 with the goal of reuniting them with their family

BETA House 4680 Lake Underhill Rd Orlando, FL 32807	407-852-3300 ext 7313 Betacenter.org	Residential Program for Pregnant Teens, Parenting classes, Programs for at-risk families, Infant and Toddler Clothes.
The Family Health Line Part of the Florida Dept of Health	1-800-451-2229	Provides pregnant women information and referrals for prenatal and infant care including access to health & social services
WIC (Women, Infants, Children) 832 W Central Blvd Orlando, FL 32805	407-836-2623 407-877-4300 Doh.state.fl.us/family/wic/	Nutritional programs and vouchers to buy healthy foods. Based on income. For Pregnant women and children under 5
Sanford Crisis Pregnancy Center 1002 French Avenue Sanford, FL 32771	407-323-3384 Sanfordcpc.com	Free pregnancy testing, pregnancy resources, confidential care, counseling, earn while you learn program
TLC Women's Center 1851 W. Colonial Dr Orlando, FL 32804	407-244-5527 Tlcwomenscenter.org	Free Pregnancy Testing, Staff will discuss options available if you are pregnant
JMJ Life Center 1400 West Colonial Dr Orlando, FL 32804	407-839-0620 Jmjlifecenter.org	Free Pregnancy Tests. Baby supplies, clothes, furniture, formula, diapers for babies under 1 year old, Adoption Information, Mentoring

- Deland Housing Authority: (386) 736-1696
- HANDS-Housing and Neighborhood Development Services: (407) 447-5686
- HOME-Helping Others Make the Effort: (407) 932-0943
- Open Your Heart to HOPE: (407) 668-5039
- Orange County Housing and Community Development: (407) 836-5150
- Orlando Housing Authority: (407) 894-1500
- Seminole County Community Assistance: (407) 665-2300
- The Center for Affordable Housing: (407) 323-3268
- Winter Park Housing Authority: (407) 645-2869