



RECIPE CORNER

Visit st.lukes.org/seniors
to view more recipes.

Armenian Rice Pilaf

Submitted by: Gloria Ericson

Ingredients:

Real Butter
Egg Noodles (or Orzo)
Uncle Ben's Rice
Chicken Broth
Option: Chick Peas

Directions:

Melt one stick of real butter in large cook pot, add either one healthy cup of fine egg noodles or Orzo to butter, constantly stirring so it does not burn.

As soon as noodles are golden, stir in 2 cups of Uncle Ben's Rice and stir until rice is heated. Then add 2½ cups of chicken broth. Bring to a boil; immediately lower heat and cover until rice is tender. You may add one can of drained chick peas if you wish.

This recipe freezes well.