


Fruit of the Spirit Jar: Love & Joy Edition

 A Simple Family Activity to Practice Love and Joy

What You Need:

- - A jar or small container
- Strips of paper
- Pens or markers

Instructions:

1. Label your jar "Fruit of the Spirit – Love & Joy."
2. Each day this week, invite every family member to write (or draw) one thing they:
 - Did to show love to someone
 - Noticed that brought them joy
3. Drop the papers into the jar.
4. At the end of the week, read them together as a family and talk about how you saw God at work through your love and joy.

Optional Twist: Decorate the jar together with fruit stickers, hearts, or smiley faces to make it a visible reminder in your home.

Tip: Keep the jar in a visible place like the dinner table or family room to encourage daily participation!